

Strippy Heart Pillow Pattern

Supplies:

At least three different red scraps

At least three different pink scraps

1/3 yard background fabric

1/3 yard backing fabric

Interior pillow from January pillow or as instructions below



Prep for Appliqué Your Favorite Way: (I like fusible appliqué using Heat and Bond Lite)

2 Pink and 1 Red Heart (Template as given.)

Cutting:

From reds: Cut a total of: 8 ea. 3 1/2" F squares
From pinks: Cut a total of: 3 ea. 3 1/2" x 3 1/4" G
2 ea. 3 1/2" F square.
From background: Cut 2 ea. 1 1/2" x 19 1/2" A strips
3 ea. 3 1/2" F squares
1 ea. 3 1/2" x 1 1/4" E
2 ea. 3 1/2" x 2" D
1 ea. 3 1/2" x 1 1/2" C
2 ea. 3 1/2" x 3" B

Background, Batting & Backing 12" x 20"

2 Pillow Backs 11 1/2" x 21 1/2"

Assembly:

1. Appliqué hearts centered onto background 3 1/2" F squares. I just fused mine and let the quilting take care of tacking them down.
2. Lay out your pieces as shown at above right. Stitch each row then stitch the rows together.
3. Add the background strips top and bottom and you're ready to start quilting.
4. Layer Background, Batting and Backing. Pin baste. Quilt as desired. I quilted lines randomly spaced about 1/4" apart. Trim to 10 1/2" x 18 1/2".
5. Fold the Pillow Backs wrong sides together crosswise (to 11 1/2" x 10 3/4"). Layer atop the Right Side of your quilted piece, aligning raw edges with the folds overlapping at the center. Stitch all around, trim corners and turn through the opening created by the folds.

Inner Pillow:

3/8 yard of muslin or other scrap fabric

Stuffing (I like PolyFil 100% Premium Polyester Fiberfill)

Cut: 2 ea. 11" x 19"

Assembly:

1. Place the two fabrics right sides together. Stitch around, leaving an opening to turn.
2. Turn and press. Stuff. Hand stitch opening close.

PS... We will be making more pillow covers this size so you can just change them out through the year.

