

# NAUTICAL TUMBLE BLOCK SEVEN SQUARE KNOT APPLIQUE

From  
LynBrown.com

## Cutting:

Two Different Lights:

2 each 7" squares of each  
(4 squares total)

Dark for Dark: Prep for  
Applique Your Favorite  
Way (I used fusible web,  
cutting two shaped pieces  
and "Weaving" under  
and over as shown.

## Assembly:

1. Stitch the four 7" light squares into a 4-Patch with fabric alternating for the background square.
2. Applique Square Knot centered on the background.
3. Trim square to 12 1/2" OR reserve to be trimmed to Tumbler Shape\* later.



Just FYI:  
Instructions for  
cutting blocks into  
Tumbler Shape\*  
will be given  
at a later date